**Were you aware of all the ACS recommendations for the early detection of cancer prior to reading this chapter? If you were not, which recommendations were new to you? Will you follow these recommendations? Why or why not? If you were aware of all the ACS recommendations, do you follow those recommendations for your sex and age group? Why or why not?**

**Comment on 2 of your classmate’s reflections. If you agree or disagree with their stance justify your thoughts in your response.**

**Post:**  Screening rises the odds of recognizing certain cancers early when they may be simpler to treat. The ACS prescribes and refreshes rules for early recognition and treatment of cancer conditions each year. Prior to reading the chapter on cancer, I didn't know about every one of the ACS proposals for early identification of cancer. Presently subsequent to realizing that it is a standout amongst the best techniques to identify the beginning period of cancer I will without a doubt pursue this suggestion. At the point when a care benefactor does not pursue the set rules and standards of consideration, it results in misbehavior. Expert wrongdoing of any sort is paid attention to and rebuffed by the consideration specialists.

The new recommendations for me were self-examination and scans. While I knew about visual examination, clinical, and research facility testing, I didn't know that I expected to utilize self-examination or scans for the early identification of cancer. Also, the recommendation that I discover new and intriguing is that cervical screening ought to be halted for ladies over 66 years and who have had a sequential negative test result for HPV and Pap tests in the previous ten years and whose the latest test is inside the most recent five years.

**Reply 1:** I like your response Alazemi! This strategy is the best technique by which when it is distinguished turns into a factor for long haul survival and ought to be considered in treatment plans. This report portrays tolerant qualities and time patterns for different strategies for cancer discovery in the US. Most ladies’ survivors (57%) announced a self-examination discovery technique other than mammographic examination. Ladies regularly recognized cancer growths themselves, either independent from anyone else examination (25%) or unintentionally (18%). Notwithstanding the expanded utilization of screening mammography, an enormous level of cancer growths is distinguished by the patients themselves.

**Reply 2:** Your response is very elegantly written and awesome Hawraa! Visual inspection of the uterine cervix by paramedical workforce has been proposed for the early recognition of cervical cancer growth, as an option in contrast to routine cytology screening in creating nations. Visual inspection of the cervix has reappeared as a screening apparatus for low-asset settings, regardless of its constrained explicitness, since it is affordable and gives prompt outcomes. Visual inspection can be performed with acidic corrosive or Lugol's iodine. These techniques are likewise alluded to as Visual inspection with Acidic Corrosive or Visual inspection with Lugol's Iodine.